

THE UNIVERSITY OF WESTERN ONTARIO
SCHOOL OF HEALTH STUDIES

RS 3125A

Enabling Health and Well-being Through Occupation

Fall 2019

Instructor: Donna Dennis

Email: ddennis2@uwo.ca

Office Hours: By Appointment

Class Schedule: Tuesdays 2:30pm – 4:30pm UCC 37

Course Materials

Required readings listed in the course schedule will be available online through OWL.

Evaluation Summary

Evaluation	Percentage of Final Grade	Date
Test #1	30%	October 8, 2019

SHS Grade Policy

The university-wide descriptor of the meaning of letter grades, as approved by Senate:

A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work that is clearly above average
B	70-79	Good work, meeting all requirements and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable.
F	below 50	Fail

It is expected that the grades for this course will fall between 74-78. In the event that the course

Health and Wellness

As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. For example, to support physical activity, all students receive membership in Western's Campus Recreation Centre as part of their registration fees. Numerous cultural events are offered throughout the year. Please check out the Faculty of Music web page (<http://www.music.uwo.ca/>), or the McIntosh Gallery

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Class Schedule (subject to change):

Date	Topic	Readings (TBD one chapter/article on lecture dates)
Sept. 5	-Course Introduction -Problem Based, Self Directed and Case Based Learning	
Sept. 10	-Overview Occupational Therapy -Practice Model (CMOP-E)	Townsend, E.A., & Polatajko, H.J. (2013). Enabling occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation (2nd ed.). Ottawa, ON: CAOT Publications ACE. (pp.14-30, and 39-53).

Sept. 12 Case Application – Mike

Oct. 15	-Occupational Identity -Youth	Unruh, A.M. (2004). Reflections on: "So...what do you do?" Occupation and the construction of identity. Canadian Journal of Occupational Therapy, 71(5), 290-295.
Oct. 17	Case Application – Sandra	SDL
Oct. 22	-Occupational Transitions -Young Adults	Stewart, D. (2013). Transitions to adulthood for youth with disabilities: Evidence to support occupational therapy practice. In D. Stewart (Ed.), Transitions to adulthood for youth with disabilities through an occupational therapy lens (pp. 1-26).NJ,USA:SLACK Incorporated.
Oct. 24	Case Application – Ian	SDL
Oct. 29	-Occupational Balance -Adults -Test Review	Backman, C.L. (2004). Occupational balance: Exploring the relationship among daily occupations and their influence on well-being. Canadian Journal of Occupational Therapy, 71(4), 202-209.
Oct. 31	Case Application – Jimmy	